A hearty congratulations to our friends at ROÎA Restaurant on getting an "EXCELLENT" review from the New York Times! (See the article posted in the Taft Lobby)

For the month of September at ROÎA, Taft residents receive a special 10% discount on your entire meal. Show your key fob (electronic building key) to receive the special Taft Resident discount. ENJOY!

Celebrate With Us!
President William Howard Taft’s birthday is this month and what way to honor him than to eat cake and be merry! Come to the lobby and have some cake and refreshments and let’s reminisce about how great our 27th president was!

Refreshments
Monday, September 16
4pm-6pm in the Lobby

Don’t forget to follow
The Taft on our Social Networks!

facebook.com/TaftApartments ~ Twitter.com/taftapartments ~ Pinterest.com/taftapartments

If you choose to renew your lease, please let the office know as soon as possible! If you plan on moving out at the end of your lease, pick up a move-out form at the office and return it no later than 60 days prior to the expiration of your lease. Call the office with any questions!

Please make sure to get your service request in to the office as early in the day as possible to ensure it is handled promptly.

Reservations for the Service Elevator can be made in the office for Residents moving in and out. There is a maximum reservation time of 1.5 hours for the service elevator, per apartment per day.

The Trash Chute is only for garbage and trash. If you have cardboard boxes, please break them down and place on the ground level by the service elevator. Maintenance will then dispose of them properly.
EVENTS

September is National Yoga Month!

CitySeed - Engaging and Connecting Communities through Local Food

Check out these CitySeed Farmers' Markets:

Wooster Square
Every Saturday at 9am - 1pm from May 4 – December 21
Russo Park corner of Chapel Street and DePalma Court

Downtown
Every Wednesday at 11am-3pm from June 19 – November 27
NEW LOCATION: New Haven Green at Temple and Chapel St.

CONTACT CitySeed
817 Grand Ave., No. 101
New Haven, CT 06511
203.773.3736
info@cityseed.org
cityseed.org

As we say goodbye to Summer and soon, a big welcome to Autumn, we wish you and your dear ones a relaxing and memorable Labor Day! The office will be open on Monday, September 2nd, so please feel free to come by with any questions or service requests!

September is National Yoga Month!

National Yoga Month is a national observance and awareness campaign held during the month of September to educate about the health benefits of yoga and to inspire a healthy lifestyle. The awareness campaign consists of yoga classes, concerts and other special events during September to celebrate National Yoga Month and inspire people to practice yoga and to create a more balanced lifestyle. In 2008, the Department of Health and Human Services designated September as National Yoga Month, one of a select number of national health observances. That same year, thousands of yoga and health enthusiasts participated in a 10 City Yoga Health Festival Tour featuring yoga classes, lectures, music, entertainment, exhibits. Since then, the initiative has taken root as a global awareness campaign, educating, inspiring and motivating people to achieve a healthy lifestyle.

Below are some Yoga Studios in the New Haven area. Research them all and find which would be the best for you! Beginner classes available at all studios!

FRESH YOGA
319 Peck St New Haven
(203) 776-9642
freshyoga.com

BALANCED HOT YOGA STUDIO
1079 Whalley Ave New Haven
(203) 980-1356
balancedyoga.us

BREATHEING ROOM
817 Chapel St #2f New Haven
(203) 562-5683
breathingroomct.com

Bikram’s Yoga
59 Elm St L1 New Haven
(203) 785-0844
bikramyoga.com